

OLIVE VIEW-UCLA INTERNAL MEDICINE PROGRAM PALLIATIVE MEDICINE ELECTIVE ROTATION CURRICULUM

GENERAL DESCRIPTION OF THE ROTATION:

- Purpose: provide the Internal Medicine resident an introductory experience in Palliative Medicine
- Site and Setting: Inpatient Palliative Medicine consultation service – Olive View-UCLA Medical Center. This is a 2-week rotation (*strongly recommended*)*
- Types of Patients: inpatients
- Mix of Diseases: life-threatening illness, end-stage organ diseases, cancer
- Types of Clinical Encounters: pain management, non-pain symptom management, family meetings for goals of care discussions

GOALS & OBJECTIVES:

- Learn how to provide inpatient Palliative Medicine integrated within the OVMC Palliative Medicine Interdisciplinary Team
- Gain perspective on the philosophy of early integration of the Palliative Medicine subspecialty as a central component of holistic care in patients diagnosed with catastrophic or terminal illness
- Learn how to formulate a comprehensive Palliative Medicine needs assessment that includes:
 - A medical history
 - Physical examination
 - Review of medical records, advance directives
 - Pain and non-pain symptom assessment
 - Screening for psychosocial factors, functional barriers, spiritual distress, and other factors impacting overall quality of life
- Individualize a patient-centric plan of care to optimize overall quality of life surrounding integration of body, mind, and spiritual wellness
- Acquire and refine pain and non-pain symptom management knowledge and skills
- Attend daily inpatient Palliative Medicine Consult rounds and provide consultation evaluations and recommendations for the patients on our service
- Communicate Palliative Medicine consultation symptom management recommendations to the primary inpatient team
- Develop fundamental communication skills to facilitate effective goals of care discussion and information disclosure to patients and families
- Learn how to formulate an individualized care approach that incorporates patient-, family-, and cultural-specific goals and values surrounding the dying process
- Strengthen understanding of issues related to appropriate advance care planning, including advance directives and POLST completion
- Develop unique skills surrounding facilitation of safe care transitions for vulnerable patients lacking adequate resources in the safety-net setting
- Participate in family meetings to discuss goals of care and advanced care planning
- Formulate an appropriate Family Meeting note to capture the issues discussed
- Learn how to integrate closely with our other Palliative Medicine interdisciplinary team members to ensure comprehensive physical, psychosocial, and spiritual patient-centric care
- Attend weekly (Thurs AM) Palliative Medicine Interdisciplinary Team Rounds and participate in whole-person care for our patients

- Rotating housestaff attending the 2-week rotation are expected to prepare a brief 10-15 min presentation on a Palliative Medicine topic of their choice during the Palliative Medicine Interdisciplinary Weekly Team Rounds on the second Thurs AM of the rotation

ROTATION DURATION & HOURS:

- *OVMC inpatient Palliative Medicine consult elective rotation duration is **2 weeks (strongly recommended)**. Requests for 1-week elective rotations will need to be discussed and approved on a case-by-case basis with Dr. Yu or Dr. Metchnikoff
- OVMC inpatient Palliative Medicine consult service operates Mon-Fri, from 8:00am-5:00pm**. On your first day of the rotation, please plan to meet in the Palliative Medicine office (5D-127) at 8:00am for an orientation to our service
 - **Of note, rotating housestaff may need to stay longer on some weekdays to attend family meetings scheduled later in the day to accommodate family members for goals of care discussions
- OVMC Palliative Medicine Interdisciplinary Weekly Team Rounds occurs every Thurs AM. Rotating housestaff are expected to attend
- OVMC outpatient Palliative Medicine clinic is an attending- and NP-only non-teaching clinic at this time (during the following four clinic half-day sessions in Clinic P: Mon PM, Tues AM, Wed PM, and Thurs PM); thus, rotating housestaff are not required to attend

EDUCATIONAL ACTIVITIES:

- Expected reading and other rotation material to be provided on the first day of the elective during orientation
- Attend at least one family meeting to discuss goals of care and advanced care planning
- Attend multiple short one-on-one lectures on various topics in hospice and palliative medicine, including pain and non-pain symptom management and other state and national policies that involve our field
- Rotating housestaff attending the 2-week rotation are expected to prepare a brief 10-15 min presentation on a Palliative Medicine topic of their choice during the Palliative Medicine Interdisciplinary Weekly Team Rounds on the second Thurs AM of the rotation

READING & REFERENCE MATERIAL:

- Expected reading and other rotation material to be provided on the first day of the elective during orientation

CONTACT INFORMATION:

- For elective rotation approval, please email either:
 - Katherine Yu MD (OVMC Palliative Medicine Attending)
 - Email: KYu@dhs.lacounty.gov
 - Chris Metchnikoff MD (OVMC Palliative Medicine Attending)
 - Email: CMetchnikoff@dhs.lacounty.gov
- Veronica Villatoro RN (OVMC Palliative Medicine Nurse Coordinator)
- Palliative Medicine office location: 5D-127
- Palliative Medicine office contact #: 747.210.3483 (x73483 while in-house)
- Palliative Medicine service pager #: 818.313.1036