

POWER OBESITY GROUP VISIT

MONDAYS FROM 1-3:30 PM

1st, 3rd, and 5th Monday for English-speaking patients
2nd and 4th Monday for Spanish-speaking patients



During the COVID-19 pandemic, all visits are held remotely

JOIN VIA ZOOM BY LINK OR BAR CODE (preferred)

- Click [here](#) to join, contact us for an invitation to join the meeting, or point your camera to the bar code on the right.
- Meeting ID: 713 128 3808, Passcode: 111116
Petra Duran – (323) 422-5002 or
Kevin Lopez – (562) 922-1712

JOIN BY PHONE

- 1-669-900-6833
- Conference ID: 713 128 3808#
- If patients need help logging in, please contact us.



Staff can directly book an appointment or patients/staff can schedule an appointment at 424-338-1000.

Community partners should refer patients via eConsult Endocrinology and have forwarded to Dr. Friedman.

Please specify English or Spanish

WHO IS IT FOR?

PATIENTS AGES 18+
WITH A BMI > 30
WHO ARE
MOTIVATED AND
INTERESTED IN
LOSING WEIGHT IN A
GROUP SETTING.

WHAT IS IT?

PROGRAM
INCLUDES ZUMBA,
LECTURES BY
PHYSICIAN AND
DIETITIAN, MENTAL
HEALTH TIPS, AND
GROUP SUPPORT.

Bar Code to log into Zoom:
(point your camera at this):

